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BIACK§

Family: 'We love you, Kristen'

Mourners fill Richmond church in memory of Carleton student who drowned in Dalhousie Lake



Hundreds of people packed St. Philip Church in Richmond yesterday to remember woman whose friends and family remembered as a loyal friend with a great sense of humour and a bright future.

Nicknamed Kissy Face by her family, Kristen Cross had just celebrated her 19th birthday the day before she drowned in the choppy waters of Dal-housie Lake last Wednes-

day.

Mourners overflowed the church, spilling out into a side hallway and out onto the front lawn.

A white urn next to Cross's photograph, stood at the front.

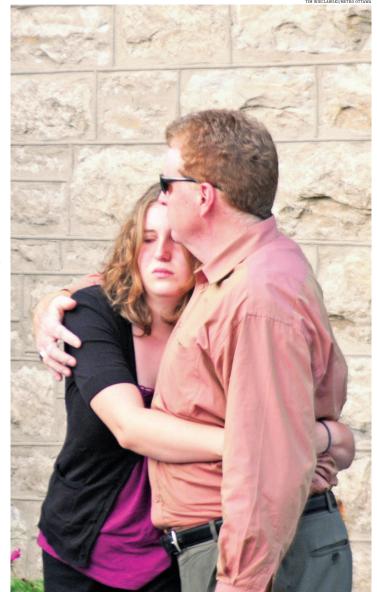
One of her four siblings, Damian, read a poem about sisters, and added that he believed that she would always be

watching over them. Cross's mother, Cheryl, also read a poem, adding, "We love you, Kristen."

Cross was remembered as a responsible young woman with a plan for the future.

She was about to begin her second year at Carleton University, where she studied psychology and business, while working on an idea for a wedding and event-planning business along with her sister — and dreamed of owning a resort in Barba-

"In her yearbook, the theme was believe, discover, achieve, reflect, lisrespond, play, complete ... and serve, all with love and with dignity," said Father Giles Joly.
"And that, Kristen did."



news



News on the move

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On the web at metronews.ca

Paralyzed student designs program to help disabled kids play music. Video at metronews.ca/ canada



Drowning deaths



A strong swimmer, Kristen Cross, pictured, was not wearing a life jacket when she drowned in

Dalhousie Lake last week. "It would be a real honour to Kristen, if you would teach your children how to swim." the family wrote in an online obituary.

- The Ontario chief coroner's office will be looking at the high number of deaths in the province this summer. The results of the review will be released later this year.
- Two-year-old Jeremie Audette drowned in a pool at a private home daycare in Orleans last month.
- Late last week, a child drowned in a backvard pool in Sarnia, Ont

Sensational!



Heart of the Rideau Canal

▶ Friends of Kristen Cross leave a service at St. Philip Church in Richn

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Maguire promises city spending cuts

Mike Maguire plans to reduce the city payroll by two per cent per year during the term and cut departmental budgets by five per cent in the first year.

The two per cent reduction would mostly come through attrition, which would avoid layoffs, said Maguire, who officially launched his mayoral campaign last night.

In management terms, a five per cent cut in program-related spending is not an unusual request, he said.

Maguire is also calling for the elimination of the bilingual status of the City of Ottawa That would open many higher-level municipal civil service jobs to many highly qualified candidates who are instantly screened out because they



"We need to elect a mayor and council whose vision includes a focus on tax relief. I'm looking at a wage freeze, a hiring freeze and a spending freeze." MIKE MAGUIRE

don't speak French.

Maguire adds he's been doing some campaigning, but has intentionally kept a low profile during the summer. • TIM WIECLAWSKI



Patronage 'obscene?'

Liberal MPs are condemning what they call an "obscene" number of Conservative patronage appointments. Liberal MP Wayne Easter says there have been 386 Tories appointed to the Senate, or government boards and tribunals, since the last election.

Duo charged | Three hurt in robbery at in truck. The Source

Police have charged two Ottawa men in relation to a commercial robbery at The Source on St. Laurent Boulevard last week.

Kadar Abdillahi, 19, and Jamal Omar, 18, face joint charges including robbery with an offensive weapon, wearing a disguise, conspiracy to commit an indictable offence, forcible confinement, pointing a firearm, possession of property obtained by crime exceeding \$5,000 and possession of a

TRACEY TONG

SUV crash

Three people were injured in a serious collision between a pickup truck and an SUV on Osgoode Main near Nixon Drive in Osgoode yesterday afternoon. Paramedics treated the 75-year-old male driver of the pickup truck for life-threatening chest injuries and a head injury. He was airlifted from the scene in critical condition.

From the SUV, a 45year-old male suffered serious head injuries and a 15-year-old girl suffered neck and back pain.

TRACEY TONG



A new lease on life for climber

Sylvain Bedard to speak with heart transplant patients and families at the University of Ottawa Heart Institute on Ruskin Street at 6:30 p.m. Friday • Institute cardiologist Dr. Ross Davies will also speak



It was every young person's nightmare.

When Sylvain Bedard was 13, he was diagnosed with cardiac hypertrophy, a hereditary heart disease. Doctors told him exercise would worsen his condition, and the young boy, who previously played baseball, soccer, water polo and who water-skied in the summer, stopped all of his athletic activities.

The father of five never thought he would be active again.

Ten years ago, the 32-year-old was hospitalized, his heart working at only five per cent of its capacity. He received a life-saving transplant, which changed his life, he said.

"I want to encourage people to take action and to reach for the Alps."

In 2003, Bedard became the first Canadian heart transplant patient to reach the top of France's Mont Blanc, and in 2004, was the first transplant patient to pass the 6,000-metre mark on Mount Sajama in Bo-

Bedard is coming to Ot-

tawa as a part of a trans-Canada bicycle tour to connect with organ transplant patients in local communities. "There's a lot of information about the physical aspect of transplants, but there are social and psy-chological issues as well,"

O-Train rides again tomorrow

As of tomorrow, the O-Train is back on track.

After major improvements to the track infrastructure, signal system, trains and the Rideau River Bridge that saw the O-Train

closed since mid June, the service will resume, offering a quieter and smoother ride, the city said vesterday

The improvements are expected to extend trains' life expectancy and improve performance. It will also mean lower operating and maintenance costs resulting from reduced wear and tear on the trains.

Improvements to the Walkley and Riverside overpasses and the Dow's Lake tunnel, as well as the installation of new solar-powered, credit card-enabled ticket vending machines were also completed.

TRACEY TONG

Future is friendly for non-profit groups

• Telecommunications company shells out nearly \$2 million for local charity organizations



This summer, Jarrett Best ran the Rise and Flow education through music summer day camps for underprivileged kids between 10 and 15 years old.

The camps are intended to boost the kids' math, English and French abilities through a musical medium.

This winter, Best plans to add an after-school component to the Rise and Flow programming.

To help cover the cost of programming, Best accept-

ed a cheque for \$20,000 yesterday from the Telus Ottawa Community Board.

That was just one of more than 40 cheques handed out by Telus to local non-profit groups totalling more than \$1.8 million.

Mayor Larry O'Brien accepted the donations on behalf of the entire city.

A municipal government can spend billions building a new transit system or a new outdoor stadium, but that does not create a strong city, said O'Brien.

"The other part of the equation comes from the giving — the philanthropy the we see," said O'Brien.



Donations

- Donations ranged from a couple thousand dollars to the hundreds of thousands.
- ► The Royal Ottawa Mental Health Centre, Christie Lake Kids and the Youth Service Bureau were among the charities that received \$20.000.
- The Children's Hospital of Eastern Ontario Foundation received more than \$100,000.



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AGRICULTURE

No wine for cows: Regulator

Beer-fed cattle in Japan are supposed to be more succulent, so a B.C. rancher believes winefed cattle should be boeuf on the hoof.

But the Canadian Food Inspection Agency has put a cork in the idea, ruling wine is fine,

Southern Plus Feedlot operator Bill Freding says the agency has told him wine is not on the list of approved ingredients for cattle feed.

He says the ruling is a surprise because he believes anything good enough for humans should also be approved as cattle feed.

Freding accuses CFIA members of being on a power trip.

The Princeton-area rancher says he will fight for the right to add red or white.

THE CANADIAN PRESS

House ad raises Calgarians' ire



Calgarians are shocked after a home listing on a Calgary website stated the owners will sell to a "white buyer" only, in a "highly rated white community."

Calgarians took to the local rants-and-raves sections of craigslist.com to voice their outrage at the house posting that appeared on CalgaryFinder.com.

The listing also promised a private backyard that won't have "coloured

people peeking" in.

Area Ald. Joe Connelly said he is infuriated with the listing, even if it's a joke, and that he will be looking into it further.

"That is absolutely unacceptable and it's not the way Calgarians think and it's not the way Canadians

Real estate row

- The house was listed for sale in the southwest community of Sienna Hills for \$512,800 on Aug. 23.
- Area homeowners Metro talked to disagree with the listing's contents.

think," Connelly said.

Ward 6 is a very diverse community."

Metro contacted the only available link to the house sellers but received no response, though Nancy Steiner, spokeswoman CalgaryFinder.com. said the listing was "legitimate."

"The ad was listed and paid for," she said.

"It's our policy not to censor our ads; however, if any ad is deemed unlawful. it is removed promptly."

Canadians among slain bus hostages



Arctic has home

The federal government has chosen Cambridge Bay, Nunavut, as the home for the long-awaited Canadian High Arctic research station.

The Harner



facility and last year announced that three Nunavut communities

government had prom-ised in 2007

to build the

were under consideration for its home

THE CANADIAN PRESS

Philippine president declares today national day of mourning

Three Canadian citizens, including a father who gave his life in an effort to protect his family, were among eight Hong Kong tourists killed Monday in a deadly hostage standoff in the Philippines that left grieving, angry family members demanding answers from authorities.

Media reports indicated there were at least five people holding Canadian passports on board the bus in the capital of Manila when it was seized by a gunwielding former police officer, who triggered a protracted and controversial police response when he opened fire.

The three slain Canadians were identified as Ken Leung, 58, and his daughters Jessie, 14, and Doris, 21, all three of them dual citizens who lived in Hong

Leung, a managing director for Asia operations with U.K.-based electronics manufacturer Stadium Group PLC, held a Canadian passport, a spokesman said from London.

Leung's wife, Amy Ng, who was unhurt in the melee, said her husband confronted the gunman before he was killed. The couple's son, Jason Leung, 18, remained in hospital after

Crisis fallout

- **Government** Philippine Interior Secretary Jessie Robredo, who is in charge of the national police, acknowledged vesterday there were problems with how the crisis was handled.
- Police Philippine police had defended their actions pointing out that officers lacking proper equipment had risked their lives in trying to bring the standoff to an end. But they promised to review all events leading to the deaths.
- Hong Kong Sorrow quickly evolved into outrage, with several of the semiautonomous Chinese territory's political parties leading protesters to the Philippine Consulate.

surgery on a head wound. Two of the Leung children were studying in Canada. Jason Leung attended Bronte College of Canada, a private school for foreign-exchange students in Mississauga, west of Toronto.

Ron Taylor, Bronte College's resident co-ordinator said that Jason's sister Doris, who was killed in the standoff, was a University of Toronto student

THE CANADIAN PRESS



Chinese jet crashes near landing strip

Cause unknown News agency says aviation officials discussed problems with ERJ-190s jets earlier

A Chinese passenger jet crashed while trying to land on a fog-shrouded runway in the country's northeast and burst into flames, killing 42 people and injuring 54 others, state media said.

Airlines The Henan plane with 91 passengers and five crew crashed late yesterday in a grassy area near the Lindu airport on the outskirts of Yichun, the official Xinhua News Agency said. Five of those onboard were children, the Civil Aviation Administration of China said, but their fates were immediately not known.

The crash and subsequent fire were so severe that little of the fuselage remained, though the charred tail was still largely intact. China Central Television said eight of the victims were found 20 to 30 metres from the plane's wreckage in a muddy field.

The Brazilian-made Emoff from Heilongjiang's capital of Harbin shortly before 9 p.m. and crashed a little more than an hour later while arriving at Yichun, Xinhua said. Yichun is a city of about

Bad reputation

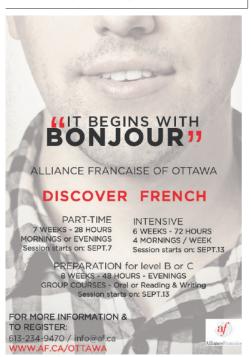
Full-tilt expansion of Chinese air traffic in the 1990s led to a series of crashes that gave China the reputation of being unsafe.

- Upgrades The poor record prompted the government to improve safety drastically, from airlines to new air traffic management systems at airports.
- Most recent The last major passenger jet crash in China was in November 2004, when an China Eastern airplane plunged into a lake in China shortly, killing all 53 on board and two on the ground.

one million people located 160 kilometres from the Russian border.

Henan Airlines is based in the central Chinese province of the same name and flies smaller regional jets, mainly on routes in northern China.

Previously known as Kunpeng Airlines, the carrier was relaunched as Henan Airlines earlier this vear. THE ASSOCIATED PRESS





Drivers not included

A pair of fender-benders, two technology-loving hitchhikers and 22 hours blocked at the Russian border. That's the balance sheet one month into the three-month journey for a team of driverless vehicles on a 13,000-kilometre road trip from Europe to China.

Trapped miners get another bit of hope

Singing the national anthem in a full-throated chorus, 33 miners trapped deep underground thanked their rescuers and settled in for a long wait until a tunnel wide enough to pull them out can be carved through a half-mile of solid rock.

Raising hopes further, a second bore hole punched into the chamber where the miners are entombed, and a third probe was nearing the spot yesterday.

After parcelling out tiny

"They had two little spoonfuls of tuna, a sip of milk and a biscuit every 48 hours."

DR. SERGIO AGUILAR, A PHYSICIAN

ON THE RESCUE TEAM

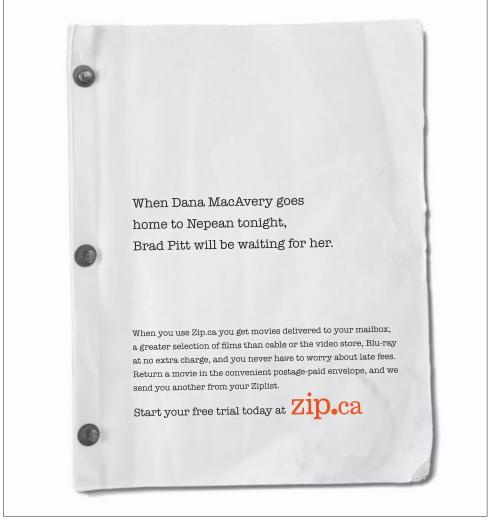
bits of food and drinking water carved from the mine floor with a backhoe for 18 days, the miners were getting glucose and rehydration tablets to restore their digestive systems. The associated press

China's traffic jam 10 days old

A massive traffic jam in north China that stretches for dozens of kilometres and that hit its 10-day mark yesterday stems from road construction in Beijing that won't be finished until the middle of next month, an official said.

5 days Some drivers have been stuck in the jam for five days, China Central Television reported yesterday.

Bumper-to-bumper gridlock spanning 100 kilometres, with vehicles moving little more than a kilometre a day at one point, has improved since this past weekend, an official said. THE ASSOCIATED PRESS





All day fun for the family

Kids free!

GM, dealerships reach agreement

\$1.5M lawsuit settled Another lawsuit with 200 other dealers still ongoing

Several General Motors dealerships slated for closure will remain open after reaching a settlement with the automaker following nine months of legal wrangling

GM Canada spokesman Tony LaRocca confirmed yesterday that a deal has been reached with 21 dealerships that sued the company last year after they were told they'd be closed as part of GM's restructuring efforts. Of those, about a dozen will remain open.

The terms of the agreement are confidential.

"The case has been resolved to the mutual satisfaction of the plaintiffs and GM. I'm sure both parties are pleased the litigation is

Better outlook

A new study says Canada's auto parts manufacturing sector will continue to lose money this year but return to profitability in 2011 and the following three years.

Profits coming? They project the sector will lose \$41 million this year but have a \$378-million profit in 2011, rising each of the next three years to \$894 million in 2014.

concluded," said Jonathan Lisus, a lawyer who represented the dealerships.

LaRocca said the settle-

ment will allow GM Canada to turn its attention back to improving its sales performance.

GM announced last year that it would eliminate more than one-third of its Canadian dealerships by October 2010 in an attempt to cut costs and streamline its business. Before the closures, the company had more than 700 dealerships in Canada which were estimated to employ about 33,000 people.

The 21 dealerships named in the lawsuit were slated for closure as part of GM's restructuring, but refused to sign the winddown agreement.

THE CANADIAN PRESS

News in brief

3-D TV with no glasses?

TOSHIBA. Japanese electronics maker Toshiba Corp. said yesterday it is developing technology for a 3-D television that won't require special glasses.

The Yomiuri newspaper said Mitsubishi's technology involves transmitting images at various angles to create an illusion of depth.

THE ASSOCIATED PRESS

Billabong to buy West 49

RETAIL. West 49 share-holders have voted almost unanimously in favour of Billabong's \$99-million takeover bid for the Canadian clothing retailer.

BMO profit less than expected

The Bank of Montreal's third-quarter profit fell short of analyst expectations as trading activity on the stock markets hit BMO's capital markets division.

The first major Canadian bank to report its thirdquarter results, BMO reported cash earnings per share of \$1.14, about seven cents lower than analysts had estimated on average.

In the same period a year earlier, the bank reported

\$669M

The Bank of Montreal's third-quarter profit, a 20 per cent increase over the same period last year.

net income of \$557 million or 98 cents in cash earnings per share, a measure of cash-flow performance.

Revenue was down slightly to \$2.91 billion from \$2.98 billion.

The bank's shares dropped 5.6 per cent in morning trading yesterday on the Toronto Stock Exchange, down \$3.30 to \$55.76.

BMO Capital Markets was hit particularly hard, with a 58 per cent decrease in profits to \$130 million as it contended with lower trading revenues affected by the economic uncertainty out of Europe.

THE CANADIAN PRESS

Market moment



Dollar

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U.

(\$71.63 US)

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IGGY'S SUMMER ROAD TRIP LACKS POP

Just sayin'

PAUL
SULLIVAN

Whatever happened to Michael Ignatieff? Michael Who?

ou know, Michael Ignatieff, the Liberal leader? That guy who always comes in second to Stephen Harper in the polls?
Well, he stopped beating his head against the polls and joined thousands of Canadians on that great summer migration — the classic road trip. While Harper is busy ripping up the long-form census, Ignatieff is pressing flesh and downing vats of coffee with real people from Mon Petit Choux Café in Nanaimo, B.C., to Rita's Tea Room in Big Pond, N.S.

So far, he has logged 33,399 kilometres on the Liberal Express bus and the tour isn't over yet.

The Express zips through an ice cream stop in Magog and Captain Burger in Richmond, Que., before finishing up at Big Pond

this Sunday. By the looks of his schedule, he's been to every Tim Hortons in the country, and if nothing else, should be eligible for a free box of Timbits.

It's grassroots, door-to-door campaigning. Only the scope is different. Instead of one constituency, Ignatieff has decided to visit them all. It's

them all. It's supposed to help him shed his aloof academic image, so Canadian voters no longer get him mixed up with John Ralston Saul, our other intellectual.

"Not a bad line.

but we can

expect good lines

from (Michael)

Ignatieff, whose

byline is a fixture

in the finest

periodicals from

Harpers to The

New Yorker."

I'm not sure if it's working, but at least it's keeping him busy, which means he's not trying to form a coali-

ing to form a coalition with the separatists (bad idea — maybe the worst ever). He even turned up in my neighbourhood the other day, the North Shore of Vancouver, where he managed to connect his own family saga (his grandfather was the Russian Czar's

last minister of education. Come the revolution, the family fled to Canada) to that unpopular boatload of Tamil refugees causing so much fuss on the West Coast

"We must always be a haven in a heartless world," he declared (twice for emphasis) and that received a slightly tentative round of applause

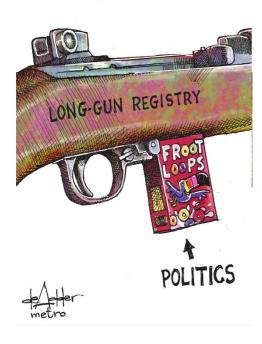
Not a bad line, but we can expect good lines from Ignatieff, whose byline is a fixture in the finest periodicals from Harpers to The New Yorker. What we're also getting, and perhaps didn't expect, is Ignatieff's determination to demonstrate he's ready to do the work and convince Canadians he's really one of us, one voter at a time.

What's missing is the message. Can't have everything. We may be closer to answering "Who is Michael Ignatieff?" But after nearly 34,000 kilometres, we're still a long way from "What is Michael Ignatieff?" never mind "Why?"

Cartoon

MICHAEL DE ADE

Nothing in life is fair



Letters

DARTMOUTH. I read with interest the letter from Ian Dummigan regarding the Green party (Aug. 23). It is very interesting that he says Elizabeth May seems to have a distorted view of democracy since her party has never won a single seat in Parliament.

Democracy is changing. I personally have not voted for the Green party, but I can surely understand why the Greens would be upset. In the last election they received 6.78 per cent of the popular vote but didn't win any seats, while the Bloc, which ran in only one province, won 49 seats with only 10 per cent of the national vote



and, therefore, have a disproportional influence on the government of this country.

No wonder there are so many Canadians wondering where the fairness is in our electoral system.

Re: (Tamil) migrants not jumping the queue: Spokesman.

VANCOUVER. Once these people touched land, they were here to stay. They aren't leaving — we need to get over it.

We need to focus on the next time, take a stand and set a precedent. We need to show the world that you can't just bypass our laws because they are inconvenient. Coffee or tea? Why?

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Metro Minute with Unknown Soldier

Visit the sentries at the Tomb of the Unknown Soldier at the National War Memorial. The sentries, who are present from 9 a.m. to 5 p.m. daily at Confederation Square at Elgin and Wellington streets through the end of August, can also be seen at the Guard Mount Ceremony on Parliament Hill at 10 a.m. daily, and at Rideau

Hall from 10 a.m. to 5 p.m. Ottawa's most recog-

Ottawa's most recognized military tradition, the Guard Mount — a must-see for all visitors to the National Capital Region — is composed of more than 400 regular and reserve soldiers and represent more than 35,000 soldiers of the Canadian

TRACEY TONG





Piranha sequel coming

Prehistoric killer fish will get another chance to sink their teeth into audiences in an upcoming sequel to Piranha 3D. Dimension Films, which re-leased the overthe-top thriller this past weekend, announced that part two is in the works. Piranha 3D didn't have a great opening, debuting in sixth place at the box office with \$10.1 million. But it got an overwhelmingly strong critical reception, earning 81 per cent positive reviews on the Rotten Tomatoes website. THE ASSOCIATED PRESS





Borgnine is finding his fanbase just keeps getting younger and younger.



Comedy Central roasts The 'Hoff

● It's been a while since the infamous video of David Hasselhoff chowing down on a floor-cheeseburger ● He's now finally willing to face the music



He's been the butt of a lot of jokes, but this time David Hasselhoff is getting in on the action. The former Knight Rider and Baywatch star put him in the hot seat for an old-fashioned roast by the good folks at Comedy Central, and Metro was there for every obscenity-filled

cheeseburger reference. But the Hoff wasn't fazed.

"Honest to God, I wasn't acting at all. I couldn't stop laughing. My face hurts," Hasselhoff told Metro backstage after the taping. "After every one of the guys would come off, they'd say, 'You know I love you.' And it was really, really cool."

Hasselhoff went into the event with an open mind and a healthy "If you can't laugh about yourself and you hold things in and you take life seriously, that's when you have problems."

amount of self-awareness. The festivities were led by roast-master Seth Mac-Farlane, who opened with the question, "How do you make jokes about a joke? How do you put someone down when they are already lying shirtless on the floor?" The roast roster included Hulk Hogan, Jerry Springer and Pamela Anderson, among others.

The roast of David Hasselhoff airs this Saturday night on the Comedy network

Deutschland

Another popular target was Hasselhoff's continued popularity in Germany, something he's less apt to poke fun at. "I don't care what people say, I really don't. I go over to Germany, and I've never had more fun in my life than being a rock star and singing. I sang on the Berlin Wall to a million people, and the song was called 'Looking for Freedom,' and I'll never, ever forget it."

Not a joke: Levi Johnston is running for mayor

Levi Johnston, the father of former Alaska Gov. Sarah Palin's grandson, has filed papers to run for office in his hometown of Wasilla, Alaska, next year.

Johnston filed his letter of intent Friday with the Alaska Public Offices Commission, a first step needed to begin campaigning.

The letter doesn't specify an office though Johnston's manager, Tank Jones, has said Johnston's interested in a run for mayor or City Council. He did not immediately return a message Monday.

Wasilla is where Palin got her political start, first as a council member and then as mayor.

Earlier this month, Jones confirmed that Johnston planned to run for office as part of a reality TV show.

Johnston and Palin's daughter Bristol were thrust into the national spotlight in 2008, when Palin was making her vicepresidential run and the two were unwed expectant teens.

Johnston, 20, has had a prickly relationship with the Palin family since the birth of the son and has sought to capitalize on his notoriety, posing for Playgirl and hitting the Hollywood circuit. He and Bristol Palin recently broke off a short-lived engagement.

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Klaxons not undone by UK's rumour mill

- Diritish band releases follow up to Mercury Prize-winning album
- Despite concerns of producer, band not going the way of Limp Bizkit





With success comes anticipation, and with anticipation comes all sorts of crazy, cooked up rumours. England's Klaxons can tell you a bunch of them. For instance, that their second album was rejected by the label for being "too experimental." Or that their producer Ross Robinson had turned them into a nu-met-al band. Or, best of all, that they had entered the studio to record with hip-hop legend Dr. Dre.

"We seem prone to attracting rumours in England anyway," explains guitarist Simon Taylor-Davis. "I was never in a studio with Dr. Dre. That could have been a disaster, to be honest!"

Surfing The Void, Klaxons' follow-up to 2007's Mercury Prize-winning album, Myths Of The Near Future, is far from a disaster, to be honest. Yes, it was recorded with Ross Robinson, the "Godfather of numetal" and man behind albums by Korn, Limp Bizkit and Slipknot, but Taylor-Davis says they instantly

clicked with the producer.

"For us, it was about his character and personality," he says. "We've always been about getting on with people, first and foremost, on a humane level, without worrying about whatever cool bands that person has produced before."

What some viewed as a gamble paid off for Klaxons. Surfing The Void is a metal-free, frenetic rush that marries strokes of mind-melting psychedelia and leftfield yet accessible pop choruses. The concept may be far out there, but Taylor-Davis says the im-

Nu-rave

▶ Back in 2006, Klaxons jokingly coined their music "nu-rave." The name stuck and launched a backlashheavy movement that brought back fluorescent fashion and glow sticks. Taylor-Davis says he doesn't regret it though. "I have nothing but purely positive memories and things to say about that time."

mediacy of the songs represents both the band's and the audience's interests.



CEE-LO RISES TO THE TOP THIS SUMMER

here's a quiet competition every July and August in the music world — which artist will have the song of the summer? Until last week there was one candidate: Katy Perry and her song California Gurls. But on Friday, the internet felt like it nearly exploded with all the chatter around Cee-Lo Green's new single F— You, which he released on YouTube. Many critics have heralded it as not only their favourite midyear song, but the catchiest, most creative, song of the year.

The song really is as good as everyone makes it out to be, and it's a perfect example of what makes a great song — something I can't say about Perry's imitative hit single. Here's why it works:

It's catchy

Most artists try to write a song with hooks, but few pull it off. Right away the osng starts off right. Its bouncy piano riff leads into the singer's James Brown-like wail; the whole track is a warped version of a Jackson 5 song.

Smart lyrics

Words are often an after thought for most artists. Perry, in California Gurls' bland first verse says, "I know a place where the grass is really greener, warm, wet and wild there must be somethin' in the water." Contrast that to Cee-Lo's first verse — "I see you driving 'round town with the girl I love and I'm like f—you." While he does say phrase 16 times, the vulgarities make sense — he's angry that another guy stole his girl.

It's creative

The song sounds and feels original. The kinetic R&B pop sound combined with the smart, funny (but not kitschy) lyrics, and a why-didn't-I-think-of-that video with only lyrics on a coloured background, took care and work to create.

When it comes down to it, it's not just talent that makes a song great. A catchy, thought provoking tune that's born out of painstaking work will, at least artistically, beat out a fluffy pop track churned out to make a label and artist rich, every time.





Kidding aside

Vartan is pragmatic

about his career:
"They said, 'There's a medical show that we're interested in you for, and my first response was, 'No.' ... And they said, 'Jada Pinkett-Smith is starring and executive producing,' and I said, 'I'm in.'"

TV watch list

Explosive hurricane

News. This week marks the fifth anniversary of the Hurricane Katrina disaster. The investigative journalism series Frontline looks at claims that New Orleans police used lethal force against citizens during the hurricane, then tried to cover it up later

Frontline.

Questionable beauty

REALITY TV. On Jessica Simpson's The Price of

Beauty, the pop star takes her celebrity hair stylist, Ken Paves, and her best friend, Cacee Cobb, to Ipanema Beach. They get a painful bikini wax, chat with a local model to learn about the culture of Rio, and meet with a woman who has had over 42 plastic surgeries

 Jessica Simpson's The Price of Beauty MuchMusic

No more Mr. Nice Guy

◆ How Vartan tapped into tragic material on HawthoRNe this year



Television's resident nice guy Michael Vartan would love to break bad one of these days.

"Nice guys are so boring!" he laments. "I've been playing them for 20 years now. I feel so lucky to have played them, but c'mon. Let me carry a knife or something.

"Switch my stethoscope out for a chainsaw — a different kind of surgeon," he jokes.

That's not going to happen as the second season of Vartan's medical drama HawthoRNe comes to a

But as Dr. Tom Wakefield, the knight in white lab coat opposite Jada Pinkett-Smith's headstrong nurse Christina Hawthorne. Vartan has been able to mine the less-sterling aspects of his character after Tom suffered a potentially career-ending hand injury and was forced to re-evaluate his life choices.

"You can learn from extreme highs, but also from extreme lows," he says.

As far as playing that in a character, you just have to put yourself in those persons' shoes — what are the ramifications of this guy potentially never being able to operate again?

"Well, that would suck," the 41-year-old explains of his preparation for the role.

"People want to see ugly and messed up and completely chaotic and the overcoming of all that stuff," Vartan says,

"I'm all for Tom being a lot darker," he admits. "Make him an alcoholic, make him a druggie — turn hell loose on him!"





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Celebrity tweets



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ing into my twitter?! I'm tired of changing my password everyday!



Russell Crowe [@russellcrowe] 9.16, bed time inthe bush,i'll

wake when it's still dark so i can have a cup of irish tea and watch the world and the wallabies stretch.



Sandra Bernhard [@Sandra-Bernhard] it's a full on new york

morning construction on the corner, the union busting it across the street, complete with pile driver and whistles

METRO

Talking points

Carey denying prego rumours

I'M NOT PREGNANT. NOW WHERE ARE THE PICKLES AND ICE CREAM? After

avoiding cameras and public appearances for months, Mariah Carey is fighting off renewed pregnancy rumors, according to AHN.

The singer was photographed in Brazil looking fuller-figured and wearing loose-fitting clothing before hitting the stage for a concert.

She furthered pregnancy speculation after the show by post-



Lohan gets an early rehab exit?

 Lohan camp reportedly got a doctor to sign off on early release
 Probation hearing called

Radar Online reports Lindsay Lohan signed her discharge papers and that it was possible she could be released from rehab as early as last night.

Before this development, Lohan's lawyer was headed to a probation modification hearing to-day to argue that Lohan should be released from rehab early, according to Radar Online. Lohan's camp reportedly has testi-

mony from doctors at the UCLA Medical Center stating that she does not need more than 30 days of rehab, let alone the court-ordered 90 days.

"It is hard to find a doctor to recommend somebody get out of treatment early, nearly impossible actually," a source from another rehab facility tells the Web site. "Kudos to the Lohan camp for making it happen." OMETRO



Lautner howling mad over RV

Taylor Lautner is suing a motor home dealership for "emotional distress" and "annoyance" after the dealership failed to deliver a \$300,000 RV, according to Popcrunch.

The 18-year-old Twilight star — and the highest-paid teen actor in the in-

dustry — was hoping to have the customized vehicle in time for filming of his new thriller, Abduction, being shot in Louisiana.

He is suing for breach of contract and fraud

Lautner is seeking unspecified damages. Last year, Robert Pattinson had a fan-proof seven foot enclosure built for him while shooting to protect him from the hoards of Twi-hards.

It would seem Lautner will remain vulnerable for a little bit longer.

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THE VIDEO EVERYONE' TALKING ABOUT

Visit metronews.ca to watch metretube • Thousands expected to attend annual Le Festival de la Poutine event, dedicated to Quebec culinary staple poutine • The two-day event takes place on Labour Day weekend in Drummondville, a city of 67,000 located about an hour outside of Montreal





Drummondville: Poutine's Quebec birthplace

If you've ever been to La Belle Province, chances are you've dug into a messy heap of fries, cheese curds and sauce — the Quebec culinary delight called pou-

But no one makes it quite like they do in Drummondville, Que., considered the birthplace of the concoction about four decades ago and home to Quebec's only Festival de la Poutine.

The dish has changed considerably in recent

"(This) is the ground zero of poutine, if you want to eat it the way it was originally made, that's the place to go" BOB RUTLEDGE, A PROFESSOR OF ASTROPHYSICS AT MCGILL UNIVERSITY

years with everyone adding their own twist, but if you've ever wanted to dig into authentic poutine and catch some great live Que-bec bands, the two-day event taking place on Labour Day weekend is the place to be.

"That (region) is the ground zero of poutine, if

you want to eat it the way it was originally made, that's the place to go," says Bob Rutledge, a professor of astrophysics at McGill University and California native who fell in love with the Quebec dish upon moving here.

Rutledge, who runs the website montrealpoutine.com, says one reason to go to Drummondville is for the one-of-a-kind poutine sauce originating from the region.

The sauces that appear to have been invented in that area are not what you find in say Montreal or Quebec City," said Rutledge.

Restaurants in Drummondville region traditionally add a tomato puree to their sauce that makes it sweeter and gives it a distinctive taste over

If You Go

Festival de la Poutine is held Sept. 3 and 4 at Woodyatt Park, 19 rue du Pont, in Drummondville. Que., about an hour outside Montreal.

- Doors open at 5 p.m. on Friday and 3 p.m. on Saturday, until 11 p.m. both nights. The poutine is dished out all night.
- Tickets are \$20 for one day or \$25 to attend both days. Children 12 and under are
- On the web: festival delanoutine com THE CANADIAN PRESS

the Montreal variation made with a dark-brown, often chicken-based gravy.

That sauce - an aurora sauce - isn't used anywhere else and often catches people from outside the region by surprise.

"It brightens it and it causes it to be somewhat sweeter and it's a very particular taste and a very particular flavour," Rutledge Savs. The Canadian press

life

Behind the Seams



and present Fashions created by some of Quebec's leading designers, past and present, have been put on display at the Montreal Eaton Centre in an exhibition that borrows several garments from the collection of the Museum of Costume and Textile of Quebec. Behind the Seams includes the creations of some 20 designers, including "legendary outfits" from the 1960s by Michel Robichaud and Raoul-Jean Foure as well as contemporary items such as a dress by Marie Saint Pierre and a Joseph Helmer jacket, organ-THE CANADIAN PRESS



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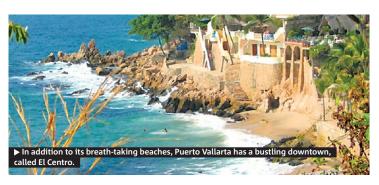
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On Mexico's Pacific coast. where the jungle-filled slopes of the Sierra Madre Mountains meet the glistening waters of the Ban-deras Bay, lies the scenic resort town of Puerto Val-

Just a few hours away aboard an Aeromexico Air-lines flight, Puerto Vallarwelcoming beaches, wide array of family-friendly activities, and vibrant nightlife make it the perfect vacation spot both for adventure seekers and those who just want to lay back and bask in the sun.

Where I'd stroll

Tourists and locals alike can be found walking the boardwalks and cobblestone streets of Puerto Vallarta's bustling downtown, called El Centro. The area features boutiques and craft shops to browse, artwork to

admire, and plenty to eat, from delicious street food to more upscale fare. In the evening many of the restaurants turn into nightclubs where you can dance the night away.

What I'd eat

Tacos and quesadillas make for great Mexican snack food, but authentic Mexican cuisine goes well beyond burrito borders. Foodies can visit local favorites such as Trio (triopv.com) and El Arrayan (elarrayan.com.mx) to sample some of the best dishes . Puerto Vallarta has to offer, including lobster and shrimp-filled paella, braised pork leg, and a variety of fresh seafood ceviches.

Where I'd do my best **Captain Jack Sparrow** impersonation

The Marigalante Pirate Ship

(piratesofthebay pv.com) offers a full day of swashbuckling fun. Activities on board include a kid-pleasing pirate show, tons of contests and photo ops, breakfast, lunch, and an open bar to keep the adults entertained. A beach excursion includes kayaking, snorkeling, and banana boat rides, all supervised by the talented and attentive pirate staff. The trip costs \$85 US for adults; kids under 12 go free during the morning excursion.

How I'd Unwind

After all that activity, relaxation is key - this is a vacation, after all! Catch some rays poolside at the Westin Hotel, tamarind margarita in hand. After a day lounging in the sun, dine by candlelight at the hotel's beachside restaurant.

METRO WORLD NEWS



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Yankee mag celebrates 75th

Latest issue names Kent, Conn., population 3,000, best town in New England for fall foliage

Yankee magazine has been celebrating New England for three-quarters of a century, but even after all these years, there's still room for

În its 75th anniversary issue, on newsstands this week, the magazine named Kent, Conn., population 3,000, the best town in New England for fall foliage.

Kent trumped better-known destinations on Yankee's list such as Stowe, Vt., Camden, Maine, and Amherst, Mass., for the honour.

was really cool, frankly, to be able to say that the best place to go for the foliage experience might be a place you never thought to go," said Yankee magazine editor Mel Allen. "It's not what we expected." The leaf-peeping destinations, showcased in Yankee's September-October issue, were judged in

14 categories fall colour, scenery. vistas, drives, water, hikes. culture. farmers markets and farmstands, orchards, parks, covered bridges, whether they are "uncrowd-ed," shopping,

and a final combined category for food and lodging.

Kent scored 58 points out of a possible total of 70 (zero to five points per category, as determined by Yankee staff).

"Kent came out higher than any other town," said Allen in an interview "It has one of the nicest scenic drives, Route 7; the Appalachian Trail cuts right through town; it has the Housatonic River

> and some of the best antiquing in New England, plus a famous inn," the Inn at Kent Falls.

He said Yankee, which is based in Dublin. N.H., devised the point system to include a variety of attractions and

amenities because "the foliage experience is not just getting in your car and driving for 30 miles for pretty roads and stopping and taking photographs. The experience has to do with having picnics and going to farmstands

THE ASSOCIATED PRESS



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CANADA

Birth of the King



Well, okay Elvis wasn't born in Louisiana, but his

- It all began in October of 1954 at The Louisiana Hayride, a live-audience radio show staged and broadcast every weekend at the Municipal Auditorium in the trendy town of Shreveport. An unknown, 19-yearold singer named Elvis Presley was just one of a dozen acts in the two-hour line-up.
- Today, in the auditorium
- that has not changed, visitors can spend hours re-living the moments where every Saturday night for a full two years, Elvis Presley did his thing.
- The seminal "Elvis has left the building!" originated in Shreveport. He did not leave the building of the international airport however but in case you miss those photos, once you get to the roadway in front of the Municipal Auditorium you will see the iron statues of Elvis. NEWS CANADA

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Walt Disney Travel Company CST# 1022229-50 RST-09-13748 @Disney

◆ Taste the Cajun bean chowder and feel the presence of historical greats like Tennessee Williams

From fun-filled Shreveport in the north, down the Mississippi tributaries to New Orleans in the south, Louisiana is central to the very heart of our North American continent, and yet everything about it is so different.

So if you like to travel for a most interesting cultural exchange, don't miss this:

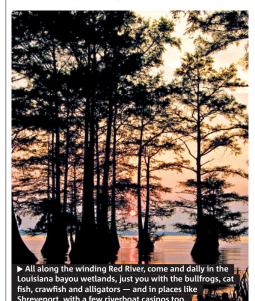
...All along the winding Red River, hundreds of miles from the oil spill, come and dally in the bayou wetlands, just you with the bullfrogs, catfish, crawfish and alligators — and in places like Shreveport, with a few riverboat casinos too. Daydream amongst the willowy wild grasses as your raft floats silently from one plantation to another.

Breathe the country air and summon the imagery of a cotton-growing history as you glide in the shade of Spanish oak and sassafras, but mostly as you feel the long and strong rays of sunlight on your skin. Taste the Cajun bean chowder, corn bread and hushpuppies, the fish fries, spicy gumbo, and the monstrous meat sandwich they call, muffuletta. When floating, cruising,

walking, or driving, be sure to stop on every trail to feel the presence of Tennessee Williams, Truman Capote. Huey Long, Louis Armstrong, Aaron Neville, Wynton Marsalis, Andrew Jackson, riverboat captain Samuel Clemens — and of equal intrigue to Canadian travelers, do note all the francophone place names ke Jeanerette, Baton Rouge, here like Bossier, Metairie, Lafayette, and more. This enduring French connection is a living trib-ute to 17th century navigators who mapped the entire river system from the St. Lawrence of New France across half a continent and then down the middle of it to New Orleans.

You will be made to feel like family in Louisiana, a sincerely sunny style that has even charmed the hearts of Hollywood. Actors and directors are buying getaway homes here, especially in the north, which in turn, has created a Louisiana film industry so robust it ranks a whopping third in production behind only California and New York

NEWS CANADA



Menus and recipes for parents all in one book

From the creators of the #1 bestselling Family Organizer*

More Time Moms Family Meals



Easy meal plans to help you keep your children healthy

♠ As the school doors open for another year, there is no lack of advice for parents on preparing box lunches for their children

Joanne Lalonde Hayes experienced the challenge of filling her kid's lunch box every day and in 1993, she founded a publishing company to help parents juggle the demands of busy careers and the many activities in their children's lives.

The company, More Time Moms — based in her hometown of Aylmer, Que. — has just released a new publication with added tools to "organize, reduce and simplify the work involved in feeding your children."

The cookbook is More Time Moms Family Meals: Easy Meal Plans to Help You Keep Your Children Healthy.

Lalonde Hayes has designed the book as "a sim-

ple guide, a tool to help take the work out of and put the fun into family mealtime."

While this may seem like a pipe dream for busy working parents, especially women who often bear the brunt of performing endless household tasks, she feels she has succeeded in her goal of offering some simple solutions.

The book provides six weeks of healthy menus, 126 recipes and complete weekly grocery lists.

She has added ideas and recipes for snacks to help children control their blood sugar. This can allow them to eat five to six small meals a day, which is recommended by health professionals.

Carrot Bran Muffins

Ingredients:

- 375 ml (1 1/2 cups) whole-wheat flour
- 375 ml (1 1/2 cups) natural bran
- 75 ml (1/3 cup) brown
- 50 ml (1/4 cup) ground flaxseed
- flaxseed10 ml (2 tsp) baking soda7 ml (1 1/2 tsp) ground
- cinnamon
 2 ml (1/2 tsp) salt
- 1 ml (1/4 tsp) ground cloves
- 1 ml (1/4 tsp) ground nut-
- 250 ml (1 cup) finely grat-
- ed carrot
- 2 eggs
 375 ml (1 1/2 cups) 2 per cent milk
- 50 ml (1/4 cup) unsweetened apple sauce
- 50 ml (1/4 cup) canola oil
 30 ml (2 tbsp) lemon juice

Preparation:

- Preheat oven to 200 C (400 F) and prepare a 12-cup muffin pan with baking spray.
- 2 In a mixing bowl, combine whole-wheat

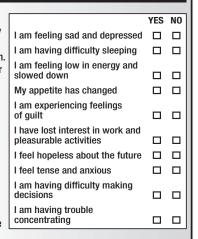


flour, bran, brown sugar, flaxseed, baking soda, cinnamon, salt, cloves and nutmeg.

- Toss grated carrot into this dry mixture.
- In a separate bowl, beat eggs thoroughly. Add milk, apple sauce, oil and lemon juice to beaten eggs. Beat until thoroughly combined.
- Combine mixtures until just mixed.
- Spoon batter into prepared muffin pan, dividing evenly. Bake for 20 minutes. Let cool slightly in pan before lifting muffins to a cooling rack. THE ASSOCIATED PRESS

VOLUNTEERS NEEDED FOR DEPRESSION RESEARCH

Psychiatrists at the Ottawa Psychopharmacology Clinic are currently conducting a research study of an investigational medication for depression. The purpose of the study is to further our knowledge about the possible treatment of depression. Study duration is initially 12 weeks with possible continuation of up to 24 weeks in total. Included are a physical exam, blood tests and a psychiatric interview. All information provided will be treated in strictest confidence. To volunteer, you must be 18-65 years of age, not currently in psychiatric treatment (unless you are being referred by your treating doctor), have no drug or alcohol problems and be in generally good physical health.





Ottawa Psychopharmacology Clinic Smyth Medical Centre

If you have answered YES to five or more of these statements and have felt poorly for the past month, you may be suffering from depression. To be evaluated for this program please call, any time (24 hours), leave your name and phone number on our confidential voice mail:

(613) 737-5454 ext. 225

All information is kept in strictest confidence. Research programs are reviewed by an ethics review board.

03-18-10



Fired? Let it go then move on

• Few milestones are as grim as unemployment • Let your emotions run free on day one • After one month, you should be in full job-seeker mode



So you've been fired? Let it go. For many of the newly

fired, waking up on "morning one" can come with a paralyzing sense of free fall — the sudden and shuddersome realization that you may not be obli-

gated to match socks or shave for many months.

A few milestones, career counselors say, can make the vast, grim void of unemployment more fathomable. Start with day

DAY 1: The first day

you're Thank "Walk while scared," suggests You For Firing Me author Kitty Martini, vocal proponent of post-layoff exercise. "Take a bike ride." Women for Hire CEO Tory Johnson agrees. "While the immediate instinct might be, 'I've got to get my résumé in order' day one is much more about letting your emotions run freely," she says. "That might mean pulling out your voodoo doll and pretending it's the person who fired you."

DAY 7: The first week

"By the week mark, it's really about getting your finances in order," Johnson says. "Maybe you downgrade your cable service, or eliminate one of your phone lines. That's what you do early on." HBO or not, she warns, count on reduced finances for the foreseeable future. "People say, 'I'll just bartend, or Î'll just dog walk,' none of those things are easy to land."

DAY 31: The first month

"By the one-month mark, you have to be in serious job-seeker mode," Johnson stresses — résumé readied, dreams determined. Unless your vision is not yet clear. "Right at the point when you really reconnect back with what your passion is" that's when you should start looking," Martini says. "If

For many of the newly fired, waking up on "morning

one" can come with a paralyzing sense of free fall.

you really want to do a routine, spend a little time each day just visualizing where you want to be," she says. "That's kind of like job hunting, but bringing the job to you, using physics."

She explains: "Something in the universe will shift when you start thinking about what you want."

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Choose references carefully

The right people can push you across the finish line

Younger job seekers can be forgiven, perhaps, for thinking references — the lowly résumé footnote listed even farther down the page than the 'skills and hobbies' section — are an antiquated formality. In fact, even career counselors aren't sure they matter like they used to.

"The world has completely changed, and you can no longer control what an employer thinks about you by getting three people lined up as refer-ences," says Louise Fletcher, president of Blue Sky Résumés. "I can look you up on MySpace and Twitter and see what you wrote on a forum, so I don't need to rely so much

reference tips

Omit the friends, frat buddies, pastors, and professors who can't really speak to your professional conduct, unless your colleagues number among your friends.

on calling three people." Career consultant Cynthia Shapiro agrees, yet still believes in the relevance of references "Every time a hiring manager recommends someone for employment, their job is on the line," she says.

That means the powersthat-hire are after testimony that will justify their

decision to bring you on, should you turn out to be a disastrous hire. And because many large corporations — for fear of lawsuits - will only tell callers your name, title and dates of employment, hiring managers often struggle to gather positive offline feedback on professionalism.

So finding that trio of colleagues willing to put in the good word can nudge you across the finish line.

"If you look like the safest bet," Shapiro says, you will actually get the job over other people with better skills, because hiring managers have to protect themselves." METRO

How to cultivate good roommate relationships

• Tension can often help to create a healthy bond • situations get better over time

College and university freshmen are often tempted to request roommate changes within weeks of unpacking. But a host of research data suggests that staying the course — barring abusive situations - is likely to have a positive effect on students for years to come.

In a roommate setting. tension could actually produce better results for students. For instance, most studies show that racial differences among roommates lead to more con-However, important Ohio State University and Virginia Commonwealth University study showed that mixedrace roommate situations resulted in better grades for African-Americans.

Moreover, a recent University of Michigan study found that most roommate situations get better, not worse, over a 10-week period. That same study presented evidence that a willingness to reveal weakness is a key factor in a good roommate rela-

Admitting to fears and shortcomings can create a healthy bond, even between extremely different personalities. "Human personalities. "Human weakness, I think, is really one of the only reliable facts of the universe," says John Mallinen, a coun-selor. "We are all dealing with a lot of fear. When we are able to share that with another person, it's bound to create intimacy.'

And that can begin at least in small doses online, before you meet, Natalie



Expert Advice

"I encourage students not to let Facebook be the source of first impressions since there's usually more to a student than what is posted on their online profile. Make time to talk on the

founder of Empty Nest Support Services, a Los Angeles-based consultant. phone and learn about each other." - Wendy Piper, director of residential life, Ohio Wesleyan University.

"I recommended to the students that one way to reduce defensiveness and make the conversation more productive — is to

"Let each other know you are excited and nervous so it shows some vulnerabili-

bring up the issue in a positive, oriented way, Instead of saying, 'Your behavior is bothering me, and you need to change,' say, 'I'm having a problem, and I would really appreciate your help in solving it." -Robert Donley, peer media-

ty," she explains. "Use humour, like saying you will bring ear plugs to share

tion coordinator Central Pennsylvania College

"We strongly believe that it is best for you to negotiate through the actual problem on your own." — Kathy Collins, associate director for residence education, Texas A&M University.

for snoring or late-night studies.'

Back to school tips for mature students

1. Be confident about who you are. Don't compare your appearance, possessions, or status with other students. As a mature student, you may have better time management skills and more life experience than your peers. You also know the value of a good education and will work hard to achieve it.

2. Get organized. Invest in a daily planner to keep track of deadlines and assignments. Create a home workspace that is comfortable and free of clutter.

3. Find a student mentor. Apply for a mentor through student services. Look for someone who is also a mature student and in a higher year. He or she can share experiences, time management and study tips, and the scoop on professors to avoid. NEWS CANADA

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COLLEGE

Distance education is evolving online

Courses include digital videos, interactive tutorials

Taking advantage of both technological advances and the accessibility of Internet access, distance education courses have evolved from a traditional correspondence model.

Today an independent student learns by interacting with dynamic courses that feature online resources ranging from math applets to media clips focused on real world examples.

"As studying at a distance becomes more and more readily available to career changers and busy adults looking to earn high school credits or to upgrade skills on their own time, it's important that courses are interesting and



relevant," says Sarah Irwin, managing director of the Independent Learning "For example, learning the theory of a Grade 11 physics course (SPH 3U) by studying the

design of athletic shoes design or how musical instruments generate sound waves.

Reaching far beyond textbooks and spreadsheets, modern tional designers instrucvarious methodologies to engage students and support learning. A learner studying independently at a distance can now expect courses to include digital components such as videos and news clips, online discussion forums and interactive tutorials, creating a learning experience that entertains and engages while educating, earning credentials and meeting the expectations of the curriculum. NEWS CANADA

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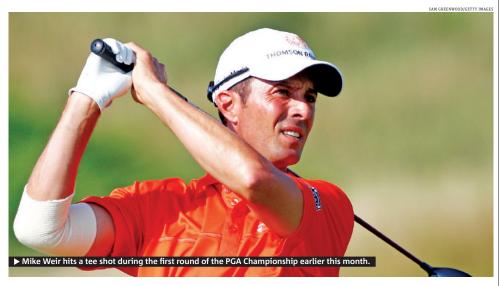
For more information, contact Program Coordinator Rick Lazzara at 613-727-4723 ext. 5799 or lazzarr@algonquincollege.com





Weir done for the year

▶ Injured elbow brings an end to one of Canadian golfer's worst seasons
▶ 40-year-old hopes to avoid surgery, let ligament heal on its own



Mike Weir won't have the chance to try to salvage one of the worst seasons of his PGA Tour career.

The left-hander from Bright's Grove, Ont., has a partially torn ligament in his right elbow and likely won't hit another competitive golf shot until 2011.

Weir has been playing with pain for nearly two months, regularly icing his arm and seeking treatment from PGA Tour physiotherapists while struggling through the most important stretch of the season. The 40-year-old thought he was suffering from tendini-

tis, but decided to seek further medical attention at last week's Wyndham Championship after an eye-opening conversation with a fellow pro who recognized the symptoms.

"I talked to Scott McCar-

"I talked to Scott McCarron last week and he really kind of convinced me to go get an MRI," Weir told The Canadian Press yesterday. "He told me he had done the same thing — he played with (pain) while getting therapy on (his forearm) and he kept tearing (the ligament) worse and worse. By the time he went and got an MRI, it

was completely torn off and he had to have surgery and take a year off."

Fortunately, Weir's prognosis is better than that. He plans to rest the elbow and seek alternative treatments, hoping the ligament will heal on its own so he can avoid surgery and a long layoff.

Even though the season is nearing its end, the news still hit hard. Weir failed to qualify for the FedExCup playoffs, which begin this week, but had been hoping to enter some of the fall-series events that follow.

THE CANDIAN PRESS

In the rough

The 2010 season has been one of the toughest of Mike Weir's career.

- After finishing sixth at the Bob Hope Classic in January, he failed to crack the top 10 in his remaining 18 tournaments.
- He missed eight cuts along the way and only broke 70 in two rounds after May.
- Weir had played the past three weeks before missing the cut at the PGA Championship and Wyndham Championship.

NHL in Europe? 'Good luck,' says IIHF president

International Ice Hockey Federation president Rene Fasel took a detour from his otherwise diplomatic path midway through a question-and-answer session yesterday, offering a stern rebuttal when the moderator asked about the possibility of the NHL trying to establish a division in Europe

division in Europe.
"Try to come," Fasel said flatly. "Good luck."

It was the most defiant declaration on a day filled with European concerns at the world hockey summit, with North American hockey institutions raised as both important allies and potential dangers to the global game. The NHL and the CHL, its junior counterpart, were accused of overfishing in foreign talent pools.

Delegates assembled around more than 45 tables on the covered arena floor at the Air Canada Centre, and the audience included notable spectators such as Maple Leafs GM Brian Burke and Senators captain Daniel Alfredsson.

"This is our territory and I will fight like hell to not allow anybody to come from abroad," Fasel said. "I think in Europe we are strong enough to do something on our own, and then have the competition between Europe and North America. That makes the fan happy."

The longtime international executive then invoked the most sacred sporting moment in Canadian history, pointing to the excitement raised when Canada faced the Soviet Union in 1972 as a reason to avoid homogenizing the sport. THE CANADIAN PRESS



Up and down

lan Kinsler
An MRI exam
showed significant
improvement in the
Rangers star's
strained left groin
that has kept him
out of the lineup





Javier Vazquez
The Yankees are
moving the pitcher
to the bullpen and
will let rookie Ivan
Nova start in his
place this weekend.

Golfer's death ruled a suicide

The Clark County coroner's office ruled yesterday that 25-year-old professional golfer Erica Blasberg's death was a

Blasberg died May 9 at her home in Henderson, about 24 kilometres southeast of the Las Vegas Strip.

She was found with a plastic bag secured over her head.

Henderson police said that while no foul play is suspected they have issued a misdemeanour arrest warrant for Dr. Thomas Hess on obstruction

charges. Police said Hess, who discovered Blasberg's body, removed items from the scene, including a suicide note. The contents of the note haven't been dis-

haven't bee closed.

Hess turned himself into authorities, was booked into jail and released about 35 minutes after posting bail yesterday. THE ASSOCIATED PRESS



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Thinking outside the box with Juke

○ Nissan's brand new crossover targets Gen X couples and urbanites ○ Automaker is boldly going where no front-end styling has gone before, reviewer Mike Goetz says

Big-wheel stance

Standard 17-inch alloy wheels, with aggressive Goodyear Eagle RS V-rated rubber. Wheels pushed to extreme corners of vehicle for agility and aggressive stance. Same B platform as Versa and Cube. Shorter than Versa, but taller and wider.

Breaking news: It's a turbo

ENGINE. Cheapest car you can buy to offer over 100 horses per litre of engine

displacement. New 1.6-litre direct injection turbo I4, good for 180-hp and 170 "torques." Two transmissions: 6-speed manual (FWD models only); CVT "automatic" with a "manual" shift mode. Driver can dial in three throttle/transmission/steering settings. I drove it almost exclusively in Sport Mode, the fun mode. With a high power-to-weight ratio and lots of traction, the Juke is one quick and entertaining little crossover.

Motorcycle inspirations

INTERIOR. Centre console mimics the profile and metallic shine of a motorcycle; very cool, but cup holders only take one-size cups, and not much storage space. Shifter nice and high and easy to reach from steering wheel. Long list of features, including navigation and heated seats.



Is that a coupe?



Roofline eats up headroom, but back seat still quite useful. \$19,998

Price of entry-level SV FWD with manual 6speed. Other models are: SV FWD CVT (\$21,298); SV AWD CVT (\$23,098); SL FWD with manual 6-speed (\$23,548); SL FWD CVT (\$24,848); SL AWD CVT (\$26,648).

Where machine meets human

intrefface. Juke introduces's a new system for switching and accessing

information. It features one main display with two main modes: climate and driving.

In-your-face facelift

FRONT. Front turn signal/parking light lamps actually rise above hood surface, like

crocodile eyes. Low-mounted headlights inspired by auxiliary lamps fitted to rally cars.



In brief



Canadian heartthrob **Justin Bieber** has just hit 16 but has the makings of a fleet that most of us could never hope to own. P.Diddy is reported to have given him his white Lamborghini Gallardo Spyder for his birthday, while Usher offered him a **Range Rover.**



▶ The Mazda5

Mazda5 stays strong, Sienna slips

The Mazda5 microvan posted an "Excellent" score in Consumer Reports' ratings, as part of a test in the September issue that featured three different types of family movers. Although smaller than a standard minivan, it is ideal for families on a budget.

Also included was the Ford Flex EcoBoost threerow SUV and the redesigned Toyota Sienna minivan which posted "Excellent" and "Very Good" test scores, respectively. The Mazda5 previously earned a Top Pick designation in CR's Annual Auto Issue in the Family Hauler category.

It is versatile and relatively roomy, despite its modest size. It has sliding rear doors, a small third-

row seat, and seating for up to six.

Consumer Reports opted to retest the '5 after it was upgraded for 2010, with electronic stability control.

While both the frontwheel-drive and all-wheeldrive versions of the Toyota Sienna posted "Very Good" test scores and it is a very good vehicle, it doesn't measure up to the previous model, which had been CR's top rated minivan for three

It is still roomy and efficient with a smooth ride, but a drop in interior fit and finish and quietness, among other things, contributed to an overall drop in score.

FROM CARGUIDE



GM shuts air, cuts fuel

Shutter system can better control aerodynamic forces to reduce gas usage, even in harsh weather

DRIVING FORCE

IIL McINTOSH DRIVE@METRONEWS.CA

If you've ever put your hand out the window of a moving car, you've experienced aerodynamics. Put your hand flat and the air slips by, but if you hold it up, the wind pushes it. Much of the fuel your vehicle burns is just for overcoming this resistance; GM is helping to reduce this with an innovative new air shutter on the new Chevrolet Cruze sedan.

Made of high-strength plastic and tucked behind the grille for protection from road debris, the shutters open and close similarly to a Venetian blind. says Greg Fadler, aerodynamics engineering group

READY TO ROLL

manager for GM North America.

"There is a five per cent improvement in aerodynamic drag," Fadler says. 'That's huge, because the horsepower required to overcome aerodynamic drag goes up with the cube of vehicle speed. It takes 50 per cent more horsepower to go (128 km/h) versus (112 km/hr). Above (72 km/h), aerodynamic drag is the largest drag on the vehicle. What we're doing is reducing the number-one draw on fuel consumption.'

The system will debut on the Cruze Eco, a special fuel-efficient trim level, but will eventually be rolled out across numerous GM products. In effect, they change the shape of the front end, allowing the car to "cut through" the air more efficiently.



The system uses a number of sensors that deterfactors such vehicle speed, and the temperature of the engine and outside air. Since they block off the radiator, used to cool the engine, they stay open when maximum airflow is required to reduce engine temperature, and close at higher speeds to reduce wind drag.

"It's designed so that it doesn't have to open in freezing conditions," Fadler says. "The cold air provides that extra cooling capacity." This eliminates any danger of the system trying to open shutters that are frozen shut.

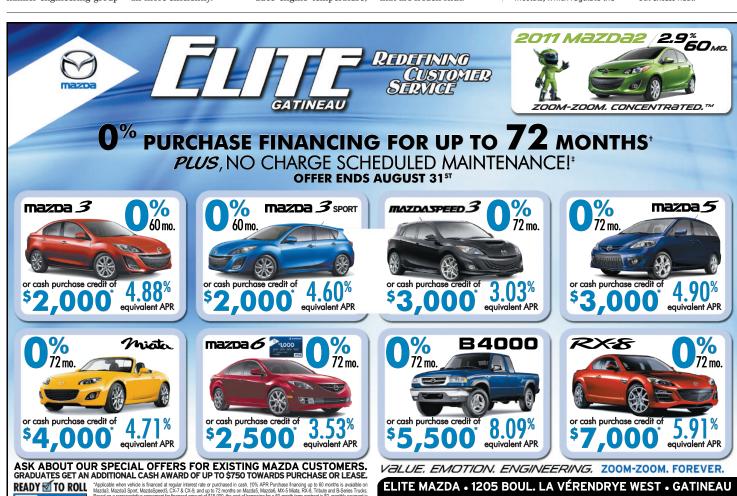
Shutter up

The aerodynamic air shutter system on the Chevrolet Cruze is new, but automotive shutters were first used a long time ago. Many 1920s cars didn't have thermostats, which regulate the

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flow of coolant to keep the engine at its optimal temperature. These cars often had shutters over the radiator, which opened or closed depending on temperature. Some also had small doors along the sides of their hoods, which opened to let out excess heat.





WANT SERVICE SATISFACTION? LET'S TALK

A study released this week suggests we may be in the midst of a paradigm shift - we seem to be spending less and less on vehicle maintenance

nother

finding: Certain "intangibles" of auto service and repair keep cropping up, as the ones that really matter to us. I might be wrong, but they

ones that have been around since the dawn of time. Consider this conversation, overheard in the es-

also seem to be the same

tablishment called Bob's Wheel Service, circa 2,000

"I come to get my wheel. You fix?"

"No, maybe tomorrow, bring back tomorrow.' Tomorrow no good."

"You wouldn't understand, wheel fixing business very complicated."

"Me understand me want to complicate your brain structure with this rock.

Ryan Robinson is director of the Canadian Automotive Practice at J.D. Power and Associates, the firm that asked more than 14,500 owners about their service experiences. He told me that those that did well in the satisfaction rankings, were obviously the ones that consistently "hit the mark" when it came to completing work on time.

"People really value their time these days. Service providers need to acknowledge and meet those expectations.'

But equally important, says Robinson, are the discussions that providers have with their customers. "Often customers don't know what's exactly going on with their vehicle. They have to put their trust in

The way they get that

Top service

Overall Service **Experience Satisfaction**

- 1. PetroCanada Certigard 869
- Goodyear Auto Centres 838
- Jiffy Lube 835
- OK Tire 832
- NAPA AUTOPRO 831 Toyota-Lexus 825
- Midas 822
- Pennzoil 818
- Fountain Tire 815
- Mr. Lube 815 Industry Average 815

SOURCE: .D. Power and Associates. Based on a 1,000-point scale. Over

14,500 respondents, with

3 to 12-year old vehicles.

trust, is through good dialogue, says Robinson, about the work that was just completed on the vehicle, about what it might need in the future, and being realistic and truthful

about how long the vehicle needs to be in the

shop. "When customers feel they are being educated, and are given the straight goods about what the vehicle needs, the higher the trust and the higher the satisfaction scores.

Scanning the list reveals only one dealership brand (Toyota-Lexus) to finish in the top ten and above the industry average.

According to Robinson, traditional aftermarket players seem better able to build and maintain those "one on one" customer relationships. But he adds there are many individual dealers. and even very large dealer groups, that also do well with satisfaction.

Teens too distracted

SURVEY. Teen drivers often understand that shooting a quick text message, playing with their radio, or eating while driving is dangerous. However, the overwhelming majority of teen drivers engage in distracted driving behaviours anyway, according to a recent survey by The U.S. AAA and Seventeen

magazine. Almost nine in 10 teenage drivers (86 per cent) have driven while distracted, even though 84 per cent of teen drivers know it's dangerous. the results are based on a survey conducted in May of nearly 2,000 male and female teen drivers ages 16 - 19. FROM CARGUIDE



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\$28,253* 3.9%* FINANCE! LEASE RATE FOR 24 ILLAND THE PROPERTY OF THE PROPERTY





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anducted by the insurance institute for Highway Safety (IHS) (www.ihs.org), A "Good" rating obtained at new SW/ CW under \$395 in 2008. "MSSP of \$25,995 on 2010 Forester 2.50 (AUT-OP), 1.5% finan-in \$11.007, MSSD of \$39.005 in 2012 10 finan-2.50 (MSS, CO.)

WRX STI for sport-head

▶ Impreza variation one of the most sought-after sports cars ▶ Best to avoid one with modified turbocharger

SECOND GEAR

JUSTIN PRITCHARD

DRIVE@METRONEWS.C.

Thanks to a long history in motorsports, a community of passionate and loyal owners, and tremendous popularity on YouTube videos, the Subaru Impreza WRX STI is quickly becoming one of the used car market's most soughtafter sports sedans.

The specs

- MODEL 2004 to 2007 Subaru Impreza WRX STI
- VEHICLE TYPE Sedan

 APPROXIMATE USED
- PRICE RANGE \$16,000 to \$30,000

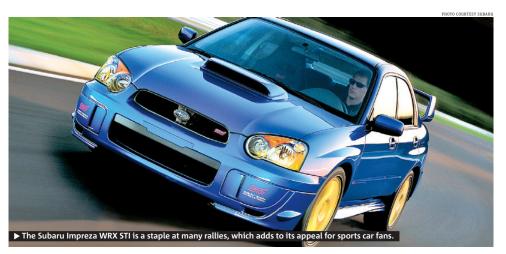
The last-generation STI came just one way: as a sedan with a turbocharged 2.5 litre boxer four-cylinder engine and six-speed manual transmission.

A Driver Controlled Centre Differential (DCCD) allowed for fine-tuning of power delivery through the STI's All Wheel Drive (AWD) system, and horse-power was rated somewhere between 293 and 300, depending on the year in question.

What Owners Like

Performance superiority, styling and reputation are all cited as key reasons why Impeza WRX STI owners chose their rides.

With a four-door body and decently-sized trunk, it's a performance car with the sensibility of a compact sedan — and the standard AWD system



means year-round enjoyment is part of the package, too.

What Owners Hate

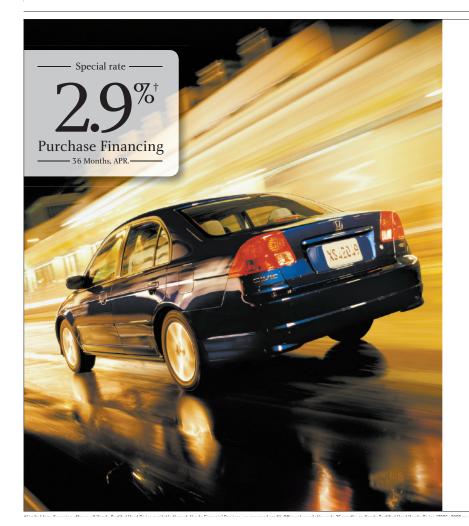
Standard sports car complaints apply for the model, including fuel mileage, a rough ride and high insurance and maintenance costs.

Common issues

Subaru has a reputation for building some solid and reliable cars, and the STI should prove no exception. Thing is, the STI isn't invincible or idiot-proof.

Careful shopping and patience are key in finding a used STI model that wasn't given as a birthday present to someone's aspiring teenaged drifter.

Bear in mind that clunking or grinding noises from the suspension or steering typically indicate a problem. Be sure there are no check-engine lights, no grinding sensations during gear shifting, and that there's no smoke coming from the tailpipe during hot or cold idle — or during hard acceleration.



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2010 Dodge Grand Caravan SXT shown.

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17" Aluminum wheels

• Leather wrapped steering wheel and shift knob • Steering wheel mounted audio controls

2010 DODGE JOURNEY SE CANADA VALUE PACKAGE

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lourney SXT shown

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2010 JOURNEY SXT GROUP PACKAGE



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temperature

SEATING GROUP

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Jeep

DODGE



10

13

16

27

33

Crossword

Across

ACROSS

- 1 Servicewoman 4 Mailing ctr.
- 7 "Green Mansions" character 8 First, second.
- third and reverse 10 "Carmen" com-
- poser
- 11 Be there 13 Enrollment for
- 16 Pale 17 The non-profes-
- sionals
- 18 Placekicker's
- pride 19 Depressed
- 20 Farm fraction
- 21 Two fingers raised, e.g.
- 23 Closet intruders
- 25 Eat in style 26 Lincoln's bill
- 27 Tic-tac-toe win
- 28 "War and —"
- 30 Greek cross
- 33 Immediate contact
- 36 Farewells
- 37 Skin 38 Walk proudly
- 39 Coffee vessels
- 40 Snake's noise
- 41 Type measures
- Down
- 1 Shrivel
- 4 "Understand?"

Today's horoscope

T Aries March 21-April 20 Try

not to fall out with work col-

leagues today because it will

be difficult to patch things up

and be friends again later.

Everyone is still a bit touchy

from yesterday's full moon.

¥ Taurus April 21-May 21 At

whether you want to follow a

particular path but also if you

are moving in the right direc-

II Gemini May 22-June 21 Yes-

terday's full moon made dis-

putes look bigger and more

were and today's Sun-Jupiter

link will aggravate the situa-

tion. Don't get angry or up-

important than they really

some stage today you will

have to decide not only

tion generally.

- 2 "So be it"
- 3 Mail-order book
- 5 Sucker
- 6 Raw materials

7 Philbin's co-host 8 Street urchin

36

- 9 Tattletale 10 Arrow launcher 12 Morrison's
- band, with "the" 14 Sunrise
- 15 Born
- 19 Gaming cube 20 Noshed 21 String instru-
- ment 22 Hairnets
- 23 Isin-glass
- 24 Late, as a payment

40 25 "What's up, -

28

26 The Devil bought his soul 28 Jurors, theoreti-

11

14

- cally 29 Horse play? 30 Shore birds
- 31 Weaponry 32 "My home. sweet home' 34 Perches

35 Expression

► Yesterday's answer

М	Ε	S	Α		G	Е	М		С	Α	М	Р
Α	R	Α	В		R	0	Ε		Α	R	Τ	Α
G	Ι	Ν	S		Ι	N	D	U	S	Т	R	Υ
Ι	Ν	D	U	С	Е	S		S	Т	Υ	Е	S
			R	U	G		Е	Ε	L			
S	Ρ	Α	D	Е		T	И	D	Е	Х	Е	D
Κ	ſ	D			Μ	R	S			٧	Е	Ε
T	Ν	D	ī	Α	Ν	Α		В	Α	Τ	R	Ν
			Ν	С	0		K	T	N			
L	Α	Τ	R	D		Т	N	D	0	0	R	S
1	Ν	D	U	С	Т	Е	Ε		Τ	D	0	L
Е	Κ	Ε	S		W	0	Е		Ν	0	٧	Α
D	Α	S	Н		0	Н	S		Т	R	Е	Υ

Sudoku

		1	9		2	3		
	4		1		7		9	
7								2
		6	7	9	5	4		
		5	3	6	4	2		
4								1
	5		8		6		7	
		9	4		1	8		

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

4	1	3	8	7	2	9	5	6
9	5	7	4	1	6	8	2	3
6	8	2	9	5	3	1	4	7
8	7	4	6	2	5	3	9	1
5	9	6	3	8	1	2	7	4
2	3	1	7	4	9	5	6	8
3	2	5	1	6	4	7	8	9
7	4	9	2	3	8	6	1	5
1	6	8	5	9	7	4	3	2

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

To my dear love, happy anniversary Adam S., Thanks for making this year the best one ever <3 Love always MILA H.

Everdearest Ma, God smiled on this day and gave us you. Happy Birthday. We love you so much. Blessings and prayers. PA, THE 2 JOS AND KOTA

hello Melissa. You are so special. I like how you get lost all the time haha. Jk i am sad Rin Martin xoxo LOVE FROM ME.

Andy Lian, I love you so much! I'll never want anyone else but you! You are the one for me. Thank-you for taking care of me! I love уои.

WENDY LIAN

12

31 32

18

20

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41

15



For today's crossword answers and for expanded horoscopes, ao to metronews.ca

Gancer June 22-July 22 What happens today will disdon't meet others halfway today chances are they will rupt your immediate plans, and you may start to wonder if you should give up on a project. No you should not! It's a happen? temporary blip, nothing more. M Scorpio Oct. 24-Nov. 22

Ω Leo July 23-Aug.23 If you try to hold on to the past any longer the parting will be more painful than it needs to be. You know it's time to move on. You know a new path awaits you.

117 Virgo Aug. 24- Sept. 22 So much is going on in your world at the moment that you are beginning to worry that you might not be able to hold it all together, Don't panic. The planets promise that if you stay calm you'll come through unscathed.

take their business elsewhere. Are you prepared to let that

There are two possible options open to you now but you can't make up your mind which to take. Put off making a decision until tomorrow when Pluto, your ruler, will show you the

Nov. 23-Dec. 21 You are spending too much time and energy on something that is of no real importance, and not nearly enough on something that is. Stop worrying about the fu-

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り Capricorn Dec. 22-Jan. 20 Don't let a friend persuade you that something cannot be done. They may think they are doing you a favour but in fact they would be directing you away from a golden opportu-

nity. You can do anything.

Aquarius Jan. 21-Feb. 18 Focus on what you have in common with other people. rather than on what sets you apart. Promise yourself now that you won't overreact.

H Pisces Feb. 19-March 20 You have reached a point of no return and have no choice but to decide what it is you want from the future. Fate may have brought you here but the next step is up to you. SALLY BROMPTON



Today

15

Friday



Thursday

You WIN! write it!

Write a funny cap tion for the image to the right and send it to play@metronews.ca the winning caption will be published in tomorrow's





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